

Menus

School: Tonica CCSD #79

Academic Year: 2023-24

Meal: Breakfast

Month: May 2024

May				
M	Tu	W	Th	F
29 Muffin Fruit Smoothie or Yogurt or Cereal Fruit Juice 1% Chocolate or White Milk	30 French Toast Sticks, Syrup or Cereal or Yogurt Granola Sausage Links Fruit Juice 1% Chocolate or White Milk	1 Scrambled Eggs or Cereal Toast, Jelly or Cinnamon sugar Hash Brown Fruit Juice 1%Chocolate or White Milk	2 Cereal or Yogurt Granola Fruit Juice 1% Chocolate or White Milk	3 Glazed Donuts or Cereal or Yogurt Granola Fruit Juice 1% Chocolate or White Milk
6 Breakfast Pizza Bagel or Cereal or Yogurt Granola Fruit Juice 1% Chocolate or White Milk	7 Pancake and Sausage on a Stick, Syrup or Yogurt and Granola or Cereal Fruit Juice 1% Chocolate, or White Milk	8 Cheese Omelet, Toast, Jelly or Cinnamon sugar or Cereal Hash Brown Fruit Juice 1% Chocolate or White Milk	9 Cereal or Yogurt Granola Fruit Juice 1% Chocolate or White Milk	10 Mini Chocolate Donuts or Cereal or Yogurt Granola Fruit Juice 1% Chocolate or White Milk
13 Grape Crescent or Cereal Fruit Juice 1% Chocolate or White Milk	14 Mini Pancakes, Syrup Sausage Link Fruit Juice 1% Chocolate or White Milk	15 Scrambled Eggs or Cereal Toast, Jelly or Cinnamon sugar Hash Brown Fruit Juice 1%Chocolate or White Milk	16 Cereal or Yogurt Granola Fruit Juice 1% Chocolate or White Milk	17 Cinnamon Roll or Cereal Fruit Juice 1%Chocolate or White Milk
20 Sausage Biscuit Or Cereal or Yogurt Fruit Juice 1% Chocolate or White Milk	21 Pancake Bowl or Cooks Choice Sausage Links Fruit Juice 1% Chocolate or White Milk Syrup	22 Omelet or Cooks Choice Fruit Juice 1% Chocolate or White Milk	23 Cereal or Cooks Choice Fruit Juice 1% Chocolate or White Milk	24 Mini Donuts or Cooks Choice Fruit Juice 1% Chocolate or White Milk
27	28 Waffles or Pancake Bowl or Cooks Choice Fruit Juice 1% Chocolate or White Milk Syrup	29 Scrambled Eggs or Cooks Choice Fruit Juice 1% Chocolate or White Milk	30 Cereal or Cooks Choice Fruit Juice 1% Chocolate or White Milk	31 Cooks Choice Fruit Juice 1% Chocolate or White Milk