

Menus

School: Tonica CCSD #79

Academic Year: 2023-24

Meal: Breakfast

Month: February 2024

February				
M	Tu	W	Th	F
29 Oatmeal (pick two toppings) or Cereal or Yogurt and Granola Fruit Juice 1% Chocolate or White Milk	30 Waffle, Syrup or Cereal or Yogurt and Granola Sausage Links Fruit Juice 1% Chocolate or White Milk	31 Cheese Omelet, Toast, Jelly or Cinnamon sugar or Cereal Hash Brown Fruit Juice 1% Chocolate or White Milk	1 Cereal or Yogurt and Granola Fruit Juice 1% Chocolate or White Milk	2 Mini Powdered Sugar Donuts or Cereal or Yogurt and Granola Fruit Juice 1% Chocolate or White Milk
5 Sausages, Egg and Cheese croissant or Cereal or Yogurt and Granola Fruit Juice 1% Chocolate or White Milk	6 Mini Pancakes, Syrup or Cereal or Yogurt and Granola Sausage Links Fruit Juice 1% Chocolate or White Milk	7 Bacon and Cheese Scrambled Eggs, Toast, Jelly or Cinnamon Sugar or Cereal Fruit Juice 1%Chocolate, Strawberry or White Milk	8 Cereal or Yogurt and Granola Fruit Juice 1% Chocolate or White Milk	9 Glazed Donut or Yogurt and Granola or Cereal Fruit Juice 1% Chocolate or White Milk
12 Breakfast Pizza or Cereal or Yogurt and Granola Fruit Juice 1% Chocolate or White Milk	13 French Toast Sticks, Syrup or Cereal or Yogurt and Granola Sausage Links Fruit Juice 1% Chocolate or White Milk	14 Cheese Omelet, Toast, Jelly or Cinnamon sugar or Cereal Hash Brown Fruit Juice 1% Chocolate or White Milk	15 Cereal or Yogurt and Granola Fruit Juice 1% Chocolate or White Milk	16 Mini Chocolate Donuts or Cereal or Yogurt and Granola Fruit Juice 1% Chocolate or White Milk
19	20 Pancake and Sausage on a Stick Syrup or Yogurt and Granola or Cereal Fruit Juice 1% Chocolate or White Milk	21 Scrambled Eggs, Toast, Jelly or Cinnamon sugar or Cereal Hash Brown Fruit Juice 1%Chocolate or White Milk	22 Cereal or Yogurt and Granola Fruit Juice 1% Chocolate or White Milk	23 Cinnamon Roll or Yogurt and Granola or Cereal Fruit Juice 1%Chocolate or White Milk
26 Oatmeal with apples and cranberries or Cereal or Yogurt and Granola Fruit Juice 1% Chocolate or White Milk	27 Mini Pancakes, Syrup or Yogurt and Granola or Cereal Sausage Link Fruit Juice 1% Chocolate or White Mil	28 Cheese Omelet, Toast, Jelly or Cinnamon sugar or Cereal Hash Brown Fruit Juice 1% Chocolate or White Milk	29 Cereal or Yogurt and Granola Fruit Juice 1% Chocolate or White Milk	1 Glazed Donut or Yogurt and Granola or Cereal Fruit Juice 1% Chocolate or White Milk