

Menus

School: Tonica CCSD #79

Academic Year: 2023-24

Meal: Breakfast

Month: December 2023

December				
M	Tu	W	Th	F
27 Cinnamon Cream Cheese Mini Bagels or Cereal Fruit Juice 1% Chocolate or White Milk	28 Mini Pancakes, Syrup or Cereal or Yogurt and Granola Sausage Links Fruit Juice 1% Chocolate or White Milk	29 Cheese Omelet, Toast, Jelly or PB Cup or Cereal Hash Brown Fruit Juice 1% Chocolate or White Milk	30 Cereal or Yogurt and Granola Fruit Juice 1% Chocolate or White Milk	1 Mini Apple Filled Glazed Donuts or Cereal or Yogurt and Granola Fruit Juice 1% Chocolate or White Milk
4 Bacon, Egg and Cheese Muffin or Cereal or Yogurt and Granola Fruit Juice 1% Chocolate or White Milk	5 Waffle, Syrup or Cereal or Yogurt and Granola Sausage Links Fruit Juice 1% Chocolate or White Milk	6 Bacon Scrambled Eggs, Toast, Jelly or PB Cup or Cereal Fruit Juice 1%Chocolate or White Milk	7 Cereal or Yogurt and Granola Fruit Juice 1% Chocolate or White Milk	8 Mini Chocolate Donuts or Cereal or Yogurt and Granola Fruit Juice 1% Chocolate or White Milk
11 Oatmeal (pick two toppings) or Cereal or Yogurt and Granola Fruit Juice Oatmeal toppings: Raisins, Cranberries, Brown Sugar 1% Chocolate or White Milk	12 French Toast Sticks, Syrup or Cereal or Yogurt and Granola Sausage Links Fruit Juice 1% Chocolate or White Milk	13 Cheese Omelet, Toast, Jelly or PB Cup or Cereal Hash Brown Fruit Juice 1% Chocolate or White Milk	14 Cereal or Yogurt and Granola Fruit Juice 1% Chocolate or White Milk	15 Cinnamon Roll or Yogurt and Granola or Cereal Fruit Juice 1%Chocolate or White Milk
18 Breakfast Pizza or Cereal or Yogurt and Granola Fruit Juice 1% Chocolate or White Milk	19 Pancake and Sausage on a Stick, Syrup or Yogurt and Granola or Cereal Fruit Juice 1% Chocolate or White Milk	20 Muffin and Fruit Smoothie or Yogurt and Granola or Cereal Fruit Juice 1% Chocolate or White Milk	21 Glazed Donut or Yogurt and Granola or Cereal Fruit Juice 1% Chocolate or White Milk	22 NO SCHOOL
25	26	27	28	29