

Menus

School: Tonica CCSD #79

Academic Year: 2022-23

Meal: Breakfast

Month: December 2022

December				
M	Tu	W	Th	F
28 Yogurt, Granola Pop Tart Fruit Juice 1% Chocolate or White Milk	29 Waffle Sausage Link Fruit Juice 1%Chocolate or White Milk Syrup	30 Scrambled Eggs Toast Fruit 1% Chocolate or White Milk Jelly or Cinnamon and Sugar	1 Cereal or Yogurt and Granola Fruit Juice 1% Chocolate or White Milk	2 Chocolate Mini Donut or Yogurt and Granola Fruit Juice 1% Chocolate or White Milk
5 Bacon, Egg Breakfast Pizza Fruit Juice 1%Chocolate or White Milk	6 Pancake and Sausage on a Stick Fruit Juice 1%Chocolate or White Milk Syrup	7 Sausage, Egg and Cheese Tortilla Wrap Hash Browns Fruit Juice 1%Chocolate or White Milk Hot Sauce	8 Cereal or Yogurt and Granola Fruit Juice 1%Chocolate or White Milk	9 Cinnamon Roll or Yogurt and Granola Fruit Juice 1% Chocolate or White Milk
12 Sausage, Egg Muffin With or Without Cheese Fruit Juice 1% Chocolate or White Milk	13 French Toast Sticks Sausage Links Fruit Juice 1% Chocolate or White Milk Syrup	14 Sausage Egg Scrambled Toast Fruit 1% Chocolate or White Milk Jelly or Cinnamon and Sugar	15 Cereal or Yogurt and Granola Fruit Juice 1%Chocolate or White Milk	16 Glazed Donut, or Yogurt and Granola Fruit Juice 1%Chocolate or White Milk
19 NO SCHOOL	20 NO SCHOOL	21 NO SCHOOL	22 NO SCHOOL	23 NO SCHOOL
26	27	28	29	30