

Menus

School: Tonica Grade School

Academic Year: 2021-22

Meal: Breakfast

Month: January 2022

January				
M	Tu	W	Th	F
3 Pop Tart Fruit Juice 1% Chocolate or White Milk	4 Sausage Breakfast Boat Fruit Juice 1% Chocolate or White Milk	5 Omelet Toast Hash Brown, Fruit 1% Chocolate or White Milk Jelly or Cinnamon and Sugar	6 Cereal Fruit Juice 1% Chocolate or White Milk	7 Mini Chocolate Donuts Fruit Juice 1% Chocolate or White Milk
10 Sausage, Egg, Cheese Tortilla Fruit Juice 1% Chocolate or White Milk	11 French Toast Sticks Fruit Juice 1% Chocolate or White Milk Syrup	12 Scrambled Eggs Toast Hash Brown Fruit 1% Chocolate or White Milk Jelly or Cinnamon and Sugar	13 Yogurt Parfait Granola Fruit Juice 1% Chocolate or White Milk	14 Glazed Donut Fruit Juice 1% Chocolate or White Milk
17	18 Mini Pancakes Fruit Juice 1% Chocolate or White Milk Syrup	19 Sausage,Egg and Cheese Tortilla Fruit Juice 1% Chocolate or White Milk Salsa	20 Cereal Fruit Juice 1% Chocolate or White Milk	21 Cinnamon Roll Fruit Juice 1% Chocolate or White Milk
24 Muffin Fruit Juice 1% Chocolate or White Milk	25 Pancake and Sausage on a Stick Fruit Juice 1% Chocolate or White Milk Syrup	26 Scrambled Eggs Toast Hash Brown Fruit 1% Chocolate or White Milk Jelly or Cinnamon and Sugar	27 Yogurt Granola Fruit Juice 1% Chocolate or White Milk	28 Twisted Blueberry Stick Fruit Juice 1% Chocolate or White Milk
31 Sausage Biscuit Fruit Juice 1% Chocolate or White Milk	1 Cinnamon Glazed Pancakes Fruit Juice 1% Chocolate or White Milk	2 Sausage,Egg and Cheese Tortilla Fruit Juice 1% Chocolate or White Milk Salsa	3 Cereal Fruit Juice 1% Chocolate or White Milk	4 Glazed Donut Fruit Juice 1% Chocolate or White Milk