

Menus

School: Tonica Grade School

Academic Year: 2021-22

Meal: Breakfast

Month: November 2021

November				
M	Tu	W	Th	F
1 Bagel Fruit Juice Cream Cheese 1% Chocolate or White Milk	2 Sausage Breakfast Boat (New) Fruit Juice 1% Chocolate or White Milk	3 Omelet Toast Hash Brown, Fruit 1% Chocolate or White Milk Jelly or Cinnamon and Sugar	4 Glazed Donut Fruit Juice 1% Chocolate or White Milk	5 No School P/T Conferences
8 Biscuit and Sausage Gravy Fruit Juice 1% Chocolate or White Milk	9 French Toast Sticks Fruit Juice 1% Chocolate or White Milk Syrup	10 Scrambled Eggs Toast Hash Brown Fruit 1% Chocolate or White Milk Jelly or Cinnamon and Sugar	11 Yogurt Granola Fruit Juice 1% Chocolate or White Milk	12 Mini Powder Sugar Donuts Fruit Juice 1% Chocolate or White Milk
15 Sausage, Egg, Cheese Muffin Fruit Juice 1% Chocolate or White Milk	16 Mini Pancakes Fruit Juice 1% Chocolate or White Milk Syrup	17 Omelet Toast Hash Brown, Fruit 1% Chocolate or White Milk Jelly or Cinnamon and Sugar	18 Cereal Fruit Juice 1% Chocolate or White Milk	19 Cinnamon Roll Fruit Juice 1% Chocolate or White Milk
22 Bacon, Egg, Cheese Tortilla Fruit Juice 1% Chocolate or White Milk	23 Glazed Donut Fruit Juice 1% Chocolate or White Milk	24	25	26
29 Pancake and Sausage on a Stick Fruit Juice 1% Chocolate or White Milk Syrup	30 Muffin Fruit Juice 1% Chocolate or White Milk	1 Omelet Toast Hash Brown, Fruit 1% Chocolate or White Milk Jelly or Cinnamon and Sugar	2 Cereal Fruit Juice 1% Chocolate or White Milk	3 Mini Chocolate Donuts Fruit Juice 1% Chocolate or White Milk